



# How to Be a Voice

July 2011

## Catholicism and the Media

### Learn the History

As Catholic college students, we are consumed by the media that surrounds us all! And worst of all we don't even think about how it may affect us. Inspired by Lady Gaga's song "Judas," the underlying theme of this programming was to become more aware of the media that impacts our lives each and every day.

Pop culture is not problematic when it is looked at and referred to as entertainment, but it could become a problem when it dictates how we should live our lives.

### Take Action

- Pay attention to the lyrics and messages of songs that you listen to. Recognize and acknowledge that they may not follow the expectations and the teachings of your faith journey.
- Acknowledge that the films and movies that you consume are just entertainment and not an accurate representation of the way all people live their lives. Encourage your friends and family to listen to music and watch movies that are reflective of the morals you practice and the beliefs that you hold.

### Get More Information

Check out <http://www.catholicmoviereviews.org> to read popular movie reviews from a Catholic standpoint.

Visit <http://www.billboard.com/charts/christian-songs#/charts/christian-songs> to learn more and listen to Christian pop songs.

Listen to K-LOVE at <http://www.klove.com> and Radio Maria at <http://www.radiomaria.us> to hear Christian music, Liturgy of the Hours, and daily prayers.

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